

ASHBURY ACTIVITY PROGRAMME 2017

| ACTIVITIES | | MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | | SATURDAY | | SUNDAY | | ACTIVITIES | | |
|--------------------------|-------|--|-------------|------------------------|-------------|-------------|-----------|-------------------------|------------|---|------------|-----------------------------|-------------|-----------------------------|------------|--------------------------------------|-----------------|----|
| | | 22nd May | | 23rd May | | 24th May | | 25th May | | 26th May | | 27th May | | 28th May | | | | |
| | | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | AM | PM | | | |
| Golf | 1 | Golf Coaching & Swing Analysis | | | | | 3.00-3.45 | | | | 3.00-3.45 | | | | | Golf Coaching & Swing Analysis | 1 | |
| Craft | 2 | Glass Painting | | | | | | 11.30-1.00 | | | 2.00-3.30 | | | 11.30-1.00 | | Glass Painting | 2 | |
| | 3 | Enamelling | | | | | 4.30-6.00 | | | 11.30-1.00 | | 11.30-1.00 | | | | Enamelling | 3 | |
| | 4 | Jewellery Making | | | 2.00-3.30 | | | | | | | 9.30-11.00 | | | | Jewellery Making | 4 | |
| | 5 | T-Shirt Printing | | | | | 4.00-5.30 | | | | | | 4.30-6.00 | | | T-Shirt Printing | 5 | |
| | 6 | Glass Engraving | | | | | 2.00-3.30 | | | | | | | 9.30-11.00 | | Glass Engraving | 6 | |
| | 7 | Porcelain Painting | | | | | | | 9.30-11.00 | | | | 9.30-11.00 | | | Porcelain Painting | 7 | |
| | 8 | Hot Press Printing | | | | | | 2.00-4.00 | | | | 4.00-6.00 | | 2.00-4.00 | | Hot Press Printing | 8 | |
| | 9 | Pottery Transfers | | | | | | | | 2.00-3.30 | | | 2.00-3.30 | | 2.00-3.30 | Pottery Transfers | 9 | |
| | 10 | Silk Painting | | | 4.00-5.30 | | | | | | 9.30-11.00 | | 11.30-1.00 | | | Silk Painting | 10 | |
| | 11 | Candle Making | | | | | | | | 4.00-6.00 | | | 4.00-6.00 | | 4.00-6.00 | Candle Making | 11 | |
| | 12 | Bisque Painting | | 9.00 - 5.00 | | 9.00 - 5.00 | | 9.00 - 5.00 | | 9.00 - 5.00 | | 9.00 - 5.00 | | 9.00 - 5.00 | | 9.00 - 5.00 | Bisque Painting | 12 |
| | Sport | 13 | Pedal Karts | | | | | | | | | | | | 11.30-1.00 | | Pedal Karts | 13 |
| 14 | | New Kurling | | | | | | | | | | 9.30-11.00 | | | 4.00-5.30 | New Kurling | 14 | |
| 15 | | Short Tennis Competition | | | | | | | | | 2.00-3.30 | | | | 2.00-3.30 | Short Tennis Competition | 15 | |
| 16 | | Badminton Competition | | | | | | | | | | | 2.00-3.30 | | | Badminton Competition | 16 | |
| 17 | | Dodgeball | | | | | | | | | | | 4.00-5.30 | | | Dodgeball | 17 | |
| 18 | | Target Bowls Competition | | | | | | | | | | | | | 2.00-3.30 | Target Bowls Competition | 18 | |
| 19 | | Rounders | | | | | | | | | | 4.00-5.30 | | | | Rounders | 19 | |
| 20 | | Table Tennis Competition | | | | | | | | | | | | 9.30-11.00 | | Table Tennis Competition | 20 | |
| 21 | | Multi Sports Sim | | | | | | | | | | | | 9.00-11.00 | | Multi Sports Sim | 21 | |
| 22 | | 5 a side football | | | | | | | | | | | 11.30-1.00 | | 4.00-5.30 | 5 a side football | 22 | |
| | 23 | Pilates | | | | | | | | | | | | 10.45-11.30 | | Pilates | 23 | |
| | 24 | Hatha Yoga | | | | | | | | | | | | 11.45-12.45 | | Hatha Yoga | 24 | |
| Range | 25 | Air Rifle | | | 4.30-6.00 | | | 3.00-4.20 | | | | | 4.00-6.00 | | 2.00-6.00 | Air Rifle | 25 | |
| | 26 | Air Pistol | | | 3.00-4.20 | | 4.30-6.00 | | | 4.30-6.00 | | 3.00-6.00 | 9.00-1.00 | | 9.00-1.00 | Air Pistol | 26 | |
| | 27 | Archery | | | | | 3.00-4.20 | | 4.30-6.00 | 3.00-4.20 | | 3.00-6.00 | | 2.00-6.00 | | 2.00-6.00 | Archery | 27 |
| | 28 | Sim Shoot (NEW) | | | | | | | | | | | 2.00-3.30 | | 11.30-1.00 | Sim Shoot (NEW) | 28 | |
| Manor | 29 | Ice Skating MANOR | | | 11.00-11.45 | | | | | | | 4.00-4.45 | 10.00-10.45 | | | Ice Skating MANOR | 29 | |
| | 30 | Ice Curling MANOR | | | | | 4.00-6.00 | | | | | | | 11.30-1.00 | | Ice Curling MANOR | 30 | |
| | 31 | Roller Disco MANOR | | | | | | 4.00-4.45 | | | | | 4.00-4.45 | | | Roller Disco MANOR | 31 | |
| Hydro Spa Sessions (NEW) | | Please check availability at our Activity Boards | | | | | | | | | | | | | | Hydro Spa Sessions (NEW) | | |
| Therapy Treatments | | Please check availability at our Reception Desk | | | | | | | | | | | | | | Therapy treatments | | |
| Lucky Numbers | | | | | | 9.00-9.30pm | | | | | | | | 9.00-9.30pm | | Lucky Numbers | | |
| Evening Entertainment | | Sports Quiz | | General Knowledge Quiz | | Music Quiz | | Sporting Chance Evening | | Ashbury Sounds Disco & Karaoke & Bar Quiz | | Ashbury Cabaret Performance | | Gary Mac - A night of magic | | ASHBURY EVENING ACTIVITY FROM 9.30pm | | |

Also Check Our Manor House Activity Programme