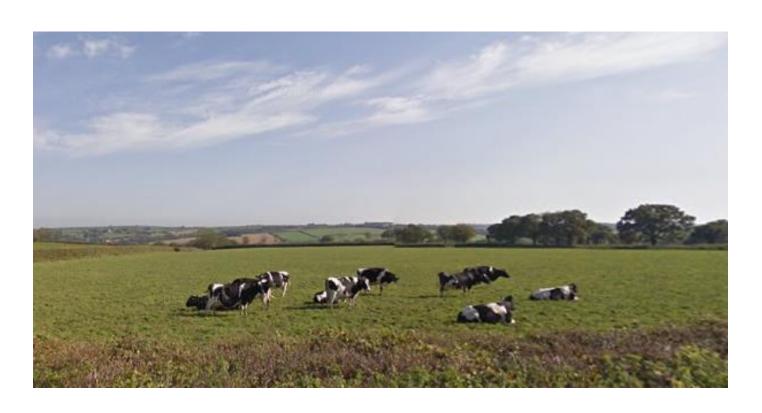




The Only Sport, Craft & Spa Hotels in the UK

# 7.1 Mile Cycle Trail

# WATERHOUSE HILL

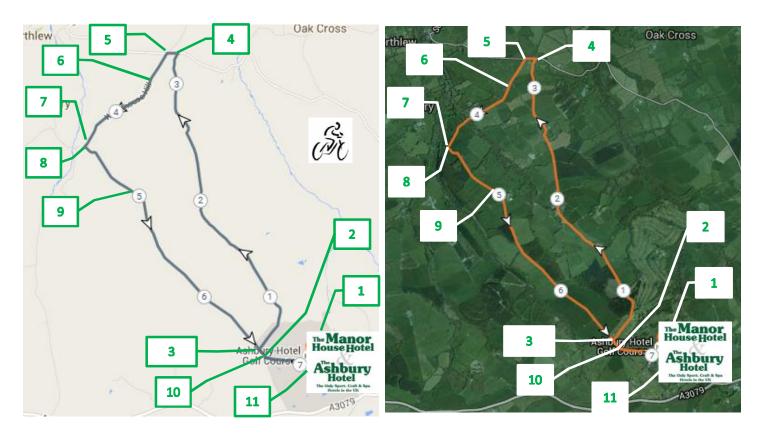


## **DIRECTIONS**

	Distance	Marker Point	General Information
1	o.o Miles	Ashbury Golf Hotel	Start from the Ashbury Hotel Reception Head West to the end of the Driveway
2	O.4 Miles	TURN RIGHT	At the Ashbury Driveway Entrance, next to the Hotel Sign turn right. (Heading North West)
3	O.5 Miles	TURN RIGHT	Turn right at the next Junction approximately 200 metres up the road. Continue along this road for about 2.5 miles. (Heading North East)
4	3.0 Miles	TURN LEFT	At Durden Cross Farm, stay on this road until the next junction. (Heading West)
5	3.35 Miles	TURN LEFT	On to Waterhouse Hill.
6	3.6	Continue	Head south on Waterhouse Hill. TAKE CARE DESCENDING THE HILL! (12%)
7	4.379 miles	SLIGHT LEFT	
8	4.390 miles	TURN LEFT	Back towards Ashbury.
9	4.952 miles		Head South East
10	6.704 miles	TURN LEFT	Simply a marker point for the ride.  Continue up the incline on this road.
11)	7.084 miles		Back at the Ashbury Hotel, time for a drink and something to eat before you plan the next ride you want to complete!

### MAPS

#### ASHBURY HOTEL - CRUFT - DURDEN CROSS - WATERHOUSE HILL - ASHBURY HOTEL



### **Route Information at a Glance**

Distance	7.084 miles	Total Ascent	534 feet
Lowest Point	436 feet (at 4.06 miles)	Highest Point	800 feet (at 0.28 miles)
Uphill	2.33 miles (32.9%)	Downhill	2.09 miles (29.5%)
Flat	2.67 miles (37.6%)	Max. Height Gain	364 feet
Steepest Uphill	+ 10.0% (at 4.12 miles)	Steepest Downhill	- 13.3% (at 3.99 miles)
Longest Uphill	1.08 miles (at 4.08 miles)	Longest Downhill	1.16 miles (at 0.34 miles)
1000ft	1		
500ft			

3.5 DISTANCE IN MILES

0ft

### POINTS OF INTEREST

O.O Miles	Ashbury Golf Hotel	From the Ashbury Hotel Reception Head West to the end of the Driveway
0.8 miles	Entrance to Kigbeare	The ground was developed into a golf course opening in 2007, while the original house mentioned in the Doomsday Book is now a private dwelling.
1.9 miles	Higher Cruft & Lower Cruft Farms	Originally all one farm this area was eventually separated through the natural growth of its residents and changing family aspirations. Lower Cruft, interestingly, has its own Chapel which was in use until 1892, while Higher Cruft had a purpose built School Room.
3.0 Miles	Durden Cross Farm	Recognisable from the small cross built into the garden wall this farm sits on the junction at the end of this road.
3.2 miles	Durden Cross	From here you can see across to North Devon Coast and on a good day you can see to the New bridge at Bideford. To the east you can see Exmoor and South Dartmoor.
4.4 miles	Broomhill Cross	Simply a marker point for the ride. Continue up the incline on this road.

## DEVON WILDLIFE

Devon is one of the best places to watch wildlife in the whole of the UK. It has a wealth of different species of plants and animals. This is what is known as bio-diversity, diversity meaning range and richness and bio meaning Life. Devon contains plant life which ranges from simple algae to towering, aged veteran trees and animal life from bacteria to giant basking sharks. Much of this richness is found in particular places where nature has thrived for centuries.

### Things to look out for:

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ANIMALS	Adder, Badger, Bat (Barbastelle), Bat (Brandt's), Bat (Brown Long-eared), Bat (Common Pipistrelle),			
	Bat (Greater Horseshoe), Deer (Fallow), Deer (Red), Deer (Roe), Dormouse, Field Vole, Fox, Frog			
	(Common), Grass Snake, Grey Squirrel, Hare (Brown), Lizard (Common).			
BIRDS	Barn Owl, Barn Swallow, Blackcap, Bullfinch, Buzzard, Carrion Crow, Chaffinch, Chiffchaff, Collared			
	Dove, Common Redpoll, Common Redstart, Eurasion Jay, Fieldfare, Firecrest, Goldfinch, Great			
	Spotted Woodpecker, Green Woodpecker, Greenfinch, Grey Partridge, Hen Harrier, Jackdaw, Kestrel,			
	Lapwing, Little Owl, Long-tailed Tit, Marsh Tit, Merlin, Mistle Thrush, Nightjar, Peewit, Pheasant, Pied			
	Flycatcher, Pied Wagtail, Raven, Red Grouse, Ring Ouzel, Rook, Snipe, Sparrow Hawk, Starling,			
	Stonechat, Western Marsh Harrier, Woodlark.			
BUTTERFLIES	Brimstone, Brown Argus, Brown Hairstreak, Comma, Common Blue, Dark Green Fritillary, Dingy			
	Skipper, Gatekeeper, Grayling, Green Hairstreak, Gren-veined White, Grizzled Skipper, Heath			
	Fritillary, High-brown Fritillary, Holly Blue, Large Skipper, Large White, Marbled White, Marsh			
	Fritillary, Meadow Brown, Orange Tip, Peacock, Pearl-bordered Fritillary, Purple Hairstreak, Ringlet,			
	Silver-studded Blue, Silver-washed Fritillary, Small Blue, Small Copper, Small Heath, Small Pearl-			
	bordered Fritillary, Small Skipper, Small Tortoiseshell, Small White, Speckled Wood, Wall, White			
	Admiral, White-letter Hairstreak, Wood White.			